Dame’s rocket
Hesperis matronalis

Habitat:
- Damp, shaded areas near wooded streams and floodplains, roadsides

Ecological Impacts:
- Forms dense colonies that can displace native species

Timing:
- Flowers May - early June
- Fruits in June
- Produces large quantities of seed from May into July

Management:
- Cut flower heads or pull when soil is moist before plant sets seed. Make sure to get roots to prevent resprouting
- Dispose of plants with flower heads in bags

Plant at a Glance:
1. Leaf: Year 1, rosette of leave at base
   Year 2, alternate on stem, toothed, hairy on both sides
2. Flower: Year 1, does not flower*
   Year 2, fragrant, clustered, 4-petaled (white to pink)
3. Fruit: Year 1, does not fruit*
   Year 2, thin, narrow seed pods

*note: biennial life cycle

Native Alternative:
Summer phlox, Phlox paniculata
- Blooms July - October (flowers have five petals)
- Habitat: moist or moderate conditions in woods, wetland borders, thickets
- Benefits and Uses: fragrant flowers and nectar that attract butterflies, skippers and moths like the hummingbird moth
- Growing tips: moist conditions with part sun and loamy soil